



**FOR IMMEDIATE RELEASE**

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**Hospice Grief Camp dates set!**

Mount Airy, NC - On July 22 and 23, Mountain Valley Hospice & Palliative Care is holding annual grief camp for young people who have experienced a significant loss in their life.

The camp is an extension of Mountain Valley Hospice's Kids Path program. The two-day event is offered to children and teens, ages 5-18.

It uses a variety of games and activities to teach young people ways to cope with grief and build confidence. Grief Camp is important," said Katie Moser, Kids Path Counselor, "because it provides a relaxed, fun-filled environment where a child can express their sorrow while making connections with other children who have experienced similar loss."

This summer camp will be located at Salem Baptist Church in Dobson, North Carolina on July 22, and 23, between 8am and 5pm

On the final day of camp, parents and families are invited to a special evening memorial after camp. This program is free to all families with children and teens who have/are experiencing grief. Due to COVID-19, upon arrival to camp, parents and children will be briefed for COVID-19 exposure and symptoms. Temperature checks



will be required prior to entry and each camp member will be required to wear a face covering for each other's safety. Camp registration is open until July 16<sup>th</sup> on the Mountain Valley Hospice and Palliative Care website at <https://www.mtnvalleyhospice.org/support/kids-path>

In the meantime, the Kids Path program still offers support for young individuals who are grieving over the loss of a loved one. For more information on Kids Path, contact Katie Moser at 1-888-789-2922

#### ABOUT MOUNTAIN VALLEY HOSPICE & PALLIATIVE CARE

Mountain Valley Hospice & Palliative Care is a nonprofit organization providing high quality end-of-life care in 18 counties in North Carolina and Virginia. Through its team of hospice professionals and specially trained volunteers, Mountain Valley Hospice addresses the growing need for compassionate hospice care through offices in Mount Airy, Yadkinville, Elkin, and Pilot Mountain, NC; and in Hillsville; and Martinsville VA. Mountain Valley Hospice also owns and operates two hospice inpatient facilities: The Joan & Howard Woltz Hospice Home in Dobson, NC, and the SECU Hospice Care Center in Yadkinville, NC. Both offer a homelike setting for patients and families alike. The goal for both facilities is to help families be as comfortable as possible as they stay close by their loved one during this time when families are needed most. For more information, visit [www.mtnvalleyhospice.org](http://www.mtnvalleyhospice.org) .