



**FOR IMMEDIATE RELEASE**

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**Hospice Grief Camp dates set!**

Mount Airy, NC - On July 21 and 22, Mountain Valley Hospice & Palliative Care is holding its annual grief camp for youth, ages 5-18, who have experienced a significant loss in their life.

The camp is an extension of Mountain Valley Hospice's Kids Path program and has been offered by Mountain Valley for the past XX years.

The two-day camp uses a variety of games and activities to teach young people ways to cope with grief and build confidence. "Grief camp is important," said **Katie Moser, Kids Path Counselor**, "because it provides a relaxed, fun-filled environment where a child can express their sorrow while making connections with other children who have experienced similar loss." (quote Katie, Kristie or Crystal?)

Kids Path Grief Camp will be held at Dobson First Baptist Church, 204 South Crutchfield Street in Dobson, North Carolina on Thursday and Friday, July 21 and 22, 8 a.m. to 5 p.m. On the final day of camp, parents and families are invited to a special memorial service after camp. This program is free to all families with children and teens who have or are experiencing grief.



Safety of our campers, families, volunteers and staff is top priority. Camp leaders and participants will follow state and local COVID-19 guidelines that are in place at the time of camp.

Camp registration opens March 15 and runs through July 15. The registration form is available on the Mountain Valley Hospice and Palliative Care website at <https://www.mtnvalleyhospice.org/support/kids-path>

In the meantime and year round, the Kids Path program offers support for young individuals who are grieving over the loss of a loved one. For more information on Kids Path, contact **Katie Moser (Kristie or Crystal??)** at 1-888-789-2922.

#### ABOUT MOUNTAIN VALLEY HOSPICE & PALLIATIVE CARE

Mountain Valley Hospice & Palliative Care is a nonprofit organization providing high quality end-of-life care in 18 counties in North Carolina and Virginia. Through its team of hospice professionals and specially trained volunteers, Mountain Valley Hospice addresses the growing need for compassionate hospice care through offices in Mount Airy, Yadkinville, Elkin, and Pilot Mountain, NC; and in Hillsville, and Martinsville VA. Mountain Valley Hospice also owns and operates two hospice inpatient facilities: The Joan & Howard Woltz Hospice Home in Dobson, NC, and the SECU Hospice Care Center in Yadkinville, NC. Both offer a homelike setting for patients and families alike. The goal for both facilities is to help families be as comfortable as possible as they stay close by their loved one during this time when families are needed most. For more information, visit [www.mtnvalleyhospice.org](http://www.mtnvalleyhospice.org).